

Massage Therapy

Massage therapy at LifeWorks is the treatment of disorders of the human body by the manipulation of soft tissue (muscles, tendons). It is performed by licensed Massage Therapist by the State of Ohio. Massage increases circulation and flexibility, boosts your immune system, enhances sleep quality, and improves concentration. It also reduces pain, stress and anxiety while lowering blood pressure. After an injury or surgery, massage reduces recovery time by promoting healing and decreasing swelling.

The massage therapists at LifeWorks are a team of licensed professionals dedicated to provide individualized therapy with emphasis on compassion. This client-specific therapy is intended to alleviate pain, relieve stress, and improve health and well being. Types of massage include but not limited to:

- Deep Tissue
- Neuro-Muscular
- Muscle Release Therapy
- Sports Massage
- Myofascial Release
- Pregnancy Massage
- Swedish/Relaxation
- Craniosacral Therapy

<u>Price List</u>	<u>Member</u>	<u>Nonmember</u>
90 Minute Massage	\$90	\$95
60 Minute Massage	\$60	\$65
-60 Minute 4-pack*	\$220	\$240
45 Minute Massage	\$50	\$55
30 Minute Massage	\$34	\$37
-30 Minute 4-pack*	\$125	\$140
15 Minute Massage	\$16	\$18
Raindrop Therapy – 60 minutes	\$63	\$70
Stone Therapy – 75 minutes	\$85	\$90
Oncology Massage**	\$50	



**Oncology Massage is now available for cancer patients with Annette. These massages are for 60-minutes and \$50 for all who qualify. Please contact Karen at 440-816-4210, kraisch-siegel@swgeneral.com or Sally at sgrega@swgeneral.com for more information. Discounts or other promotions can not be applied.

To schedule your massage visit our Service Desk or call 440-816-4202.



**4-packs expire 6 months from date of purchase and are non-transferable.
Gift Certificates are available. No refunds on gift certificates once purchased. Certain restrictions may apply.
When special promotions are offered, expiration date is 6-months from date of purchase.*