

LifeWorks Corporate Wellness Program

***Manage your health care costs
by offering your employees a way to manage their health.***

LifeWorks of Southwest General now provides a program that can help company employees improve their own health. ***The LifeWorks Corporate Wellness Program*** offers several options to provide your employees with the tools they need to lead healthier lifestyles.

LifeWorks Membership

- A Corporate Membership discount plan provides your employees with access to our facility at **discounted membership rates and/or enrollment fees.**
- Member discounts for specialized programming such as: Smoking Cessation, Personal Training, Pilates Reformer, and Massage Therapy.

On-Site Health Fairs

- To educate your workforce on the benefits of healthy living, LifeWorks will participate in your on-site health fairs.
- Services include: body fat analysis, blood pressure screening, grip strength, health talks and Visual Fitness Planner™ demonstrations.

Below is a listing of LifeWorks Corporate Members. For membership information, or to find out how your company can take advantage of ***The LifeWorks Corporate Wellness Program*** please contact Karen Raisch-Siegel at 440.816.4210 or kraisch-siegel@swgeneral.com.

LifeWorks Corporate Members

Active Military	Key Bank
American Greetings	Middleburg Hts Chamber of Commerce
Baldwin Wallace College	NASA
Berea City Schools	Olmsted Falls City Schools
Berea Children's Home	Parma City Schools
Continental Airlines	PNC
Cuyahoga Co. Bd of Mental Retardation	Police/Fire/EMS
Cuyahoga County Public Library	Quadax Inc.
Fosbel Inc.	SWG Physician Affiliates
Homeland Security	Strongsville City Schools
Kaiser Employees & Members	University Hospitals
	VitaMix

*Terms and conditions may vary per corporate account.